Women for a Healthy Environment compiled a list of ten commonly used personal care products by men. We then sought healthier alternatives offered by retailers in our region. We researched these items with the help of Environmental Working Group’s (EWG) Skin Deep database, finding products with an EWG rating of 3 or lower, meaning they contain safer ingredients. The products must have been $10 or less* at the time of review and readily available in southwestern PA. This is not a comprehensive list, and we’d love to hear about your favorite products too! And don’t forget to try Do-It-Yourself recipes. This information is being provided as a guidance only and not intended to endorse any particular product or manufacturer.

To find more local retailers who offer natural products, visit our website at www.womenforahealthyenvironment.org.


### Lip Balm: Burt’s Bees Beeswax Lip Balm or Tin; Available at Wal-Mart $2.97, Giant Eagle $2.99, Target $2.99, Walgreens $2.99, and Whole Foods $2.99. EWG Rating 2.


### Shaving Cream: Burt’s Bees Natural Skin Care for Men Shave Cream 6 oz.; Available at Giant Eagle $7.99 and Whole Foods $7.99. EWG Rating 2.

### Toothpaste: Jason Natural Cosmetics Powersmile Whitening Toothpaste 6 oz.; Available at Giant Eagle $5.49 and Whole Foods $6.99. EWG Rating 1.

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*Prices based on research conducted during November, 2011.