

Ten Personal Care Products for Under \$10: Have a Complete Makeover for Under \$100

Women for a Healthy Environment compiled a list of ten commonly used personal care products by women. We then sought healthier alternatives offered by retailers in our region. We researched these items with the help of Environmental Working Group's (EWG) Skin Deep database, finding products with an EWG rating of 3 or lower, meaning they contain safer ingredients. The products must have been \$10 or less* at the time of review and readily available in southwestern PA. This is not a comprehensive list, and we'd love to hear about your favorite products too!

And don't forget to try Do-It-Yourself recipes.

This information is being provided as a guidance only and not intended to endorse any particular product or manufacturer.

To find more local retailers who offer natural products, visit our website at www.womenforahealthyenvironment.org.

Face Care

- ❑ **Eyeliner:** Maybelline Define-A-Line Eyeliner, Slate Gray 806; Available at Wal-Mart \$4.47 and Walgreens \$5.99. Rating 2.
- ❑ **Eye Shadow:** Boots No. 7 Stay Perfect Eye Shadow Palette in Beside the Sea, Cappuccino, Good Earth, Organza, Truffle, and Wheatsheaf; Available at Target \$7.99. Rating 2.
- ❑ **Lip Gloss:** Burt's Bees Super Glossy Natural Lip Shine in Juicy Peach, Nectar Nude, Puckers Berry, Sheer Lemon, or Sweet Pink; Available at Wal-Mart \$6.97, Target \$6.99, Walgreens \$6.99, and Giant Eagle \$7.39. Rating 2.
- ❑ **Makeup Remover:** Almay Hypo-Allergenic Eye Makeup Remover Pads, 60 count, Non Oily; Available at Wal-Mart \$4.63, Target \$4.89, Giant Eagle \$4.99, and Walgreens \$5.99. Rating 3.



Body Care

- ❑ **Bar Soap:** Kiss My Face Pure Olive Oil Soap 8 oz.; Available at Giant Eagle \$3.99, Target \$3.99, and Walgreens \$3.99. Rating 0.
- ❑ **Body Lotion:** Yes to Carrots Moisturizing Body Lotion 8.45 fl. oz.; Available at Wal-Mart \$9.97, Target \$9.99, and Walgreens \$9.99. Rating 1.
- ❑ **Deodorant:** Tom's of Maine Long Lasting in Apricot, Lavender, Mountain Springs, and Unscented; Available at Wal-Mart \$4.24, Target \$4.69, Giant Eagle \$5.29, and Walgreens \$5.99. Rating 2. Unscented has a Rating of 0.
- ❑ **Liquid Soap:** Dr. Bronner's Magic 18-in-1 Hemp Castile Liquid Soap in Peppermint, Lavender, Almond, Citrus, Eucalyptus, Rose, and Tea Tree; Available at Giant Eagle \$8.99 for 16 fl. oz., Target \$15.75 for 32 fl. Oz, and Walgreens \$15.75 for 32 fl. oz.. Rating 1
- ❑ **Shampoo and Conditioner:** Yes to Carrots Shampoo and Conditioner 16.9 fl. oz.; Available at Target \$8.09, Wal-Mart \$8.97, Giant Eagle \$8.99, and Walgreens \$8.99 for each. Rating 2.
- ❑ **Toothpaste:** Burt's Bees Natural Toothpaste Fluoride Multicare Toothpaste Peppermint Flavor 4 oz.; Available at Wal-Mart \$4.97, Giant Eagle \$4.99, Target \$4.99, and Walgreens \$4.99. Rating 3.

