READ ME: Thank you for your patience as we are continuously monitoring and updating this list. Know of a resource that is not yet included? Please email Kara Rubio at <u>kara@womenforahealthyenvironment.org</u>

# Food Pick-Up and Delivery

For the most up-to-date list, click here: https://tinyurl.com/pghfoodmap

### City of Pittsburgh

Northview Heights Gym 525 Mt. Pleasant Road Pittsburgh, PA 15214

Allegheny Dwellings Community Room 1710 Belleau Road (Rear) Pittsburgh, PA 15212

Glen Hazel Recreation Center 895 Johnston Avenue Pittsburgh, PA 15207

East Hills Community Center 2291 Wilner Drive Pittsburgh, PA 15221

PPS Student must be present. Hours of operation are **11:00 AM-1:00 PM**.

For a list of other food pantries, please contact United Way's 2-1-1 Southwestern PA Line. United Way's PA 2-1-1 Southwest is ready to help people facing difficulties. Our resource navigators can help connect individuals and families with food pantries, health care services, tax prep assistance, utility and eviction prevention assistance and more. Those seeking help should dial 2-1-1, text their zip code to 898-211, or visit PA211sw.org.

# List of School Districts Serving School Meals

#### Pittsburgh Public Schools

 Grab and Go meals will be available at all 54 school locations from 11:00 AM – 1:00 PM Monday through Friday. Students are instructed to go to the school location closest to their home.

#### Keystone Oaks School District

A bagged lunch and milk will be offered free to any child 18 years of age or younger; the child does not have to be eligible for the Free & Reduced Meal program in order to receive a free lunch during this school closure.

#### Northgate School District

The Northgate School District will begin offering free "Grab & Go" meals to ALL students in the district beginning Tuesday, March 17th. The meals will consist of a lunch and breakfast for the next day. They will be distributed from the Middle/High School between 11:00-12:30 p.m. The student must be present to pick up the meal as required by federal regulations.

Families who need to pick-up prescription medications from the nurse's office can do so Monday, March 16th between the hours of 8:00 a.m. to 9:00 a.m. and 10 a.m. to 3:00 p.m. When you enter the building you do not need to check in at the office. You can go directly to the nurse's office.

#### Highlands School District

Starting Wednesday, March 18, Highlands School District will provide grab and go lunches for our students during the school closure. There will be three locations available for pick up on weekdays between 11:00am and 1:00pm: 1. Highlands High School entrance door #23 nearest the student parking lot; 2. Highlands Elementary School entrance door #22 nearest the cafeteria; or 3. The Hayden Center at Sheldon Park

#### Hampton Township School District

The Hampton Township School District will be providing an opportunity to families that have qualified for this program to receive grab and go lunch/breakfast offerings for their children.

This service will start Monday, March 16th and continue during the closure. Parents may "drive through" at Hampton High School and pick up outside of the cafeteria doors just before the Remembrance Garden. Families should remain in the car and our staff will deliver to your car.

# Curb side pick-up time is from 11:30 AM until 1:00 PM, Monday through Friday. We may adjust the time for pick up as we evaluate the needs of our families.

#### Shaler Area School District

The district will offer free grab-and-go breakfast and lunch each weekday starting Tuesday, March 17. The meals will be packaged together and available for pick-up from 11 a.m. to 1 p.m. at the Northern Area Boys and Girls Club, 100

Howard Street, in Millvale (the former Holy Spirit Parish School) and Emmanuel Lutheran Church, 66 Grant Avenue, in Etna.

#### **Riverview School District**

The Riverview School District invites families and caregivers to pick up meals for their children beginning on Monday, March 16. Families will need to provide student pin upon pick up. A breakfast and lunch will be provided each day on a first come, first served basis. Pick up is available Monday through Friday 11 am – 1 pm at: o Verner Elementary, 700 1st Street, Verona, PA 15147

#### Plum Borough School District

The Plum Borough School District will take care of our students so that no student will go hungry during this crisis. Therefore, free carryout breakfasts and lunches will be available for all interested students at two locations on either side of the district; Holiday Park (entrance 4) and Plum High School (cafeteria entrance). Breakfast is available from 8:00-9:00 a.m and lunch will be available from 11:00 a.m to 1:00 p.m Monday through Friday. Please click the link below and complete the form for the week of March 16-20, 2020.

<u>Carryout Breakfasts and Lunches - Fill Out</u>

#### Penn Trafford School District

11AM - 1 PM, Monday and Wednesday for the whole week.

#### McKeesport Area School District

Starting Tuesday, March 17th and during the school closure, MASD students can pick up breakfast and lunch Monday through Friday between 9:00AM and 11:00AM at the following two locations:

Twin Rivers Elementary (back entrance near playground)

Founders' Hall Middle School (cafeteria doors near stadium)

#### Elizabeth Forward School District

Parents in the Elizabeth Forward School District will be able to receive lunch during our school closure for children 2-18 years old. The district will be prepared to provide a meal for each student

that has signed up beginning on Tuesday, March 17, 2020 (weekdays only). Parents will only need to sign up once to receive meals. **Click this <u>Link</u> to order your meal.** 

Meals can be picked up at Elizabeth Elementary School (207 South 3rd Avenue, Elizabeth, PA 15037) or Elizabeth Forward Middle School (401 Rock Run Road, Elizabeth, PA 15037) between 11:00 am and 12:00 pm. Both breakfast and lunch will be provided

#### Steel Valley School District

Beginning Tuesday, March 17, "to go" meals will be available in the **High School lobby** and **Barrett gymnasium** for our students and any younger siblings who are not old enough to be in school yet. Regardless of which Steel Valley school they attend, your children may pick up the meal bag- which will contain lunch, the next day's breakfast, and a snack- at the school that is more convenient for you.

Meals will be available between 10:00 AM and 12:00 PM (noon) at both locations.

#### South Allegheny School District

During the time that the South Allegheny School District is not in session due to the COVID-19 virus, a bagged breakfast and lunch will be available for school-aged children at various locations throughout our community.

This service is provided for school-aged children and will begin on Tuesday, March 17th from 9am-12 noon, weekdays only at the following locations:

Glassport Youth Center Club 22 Lincoln Borough Volunteer Fire Department Port Vue Volunteer Fire Department

In addition, the three schools will be available for pickup of meals. MS/HS - pick up will be at the cafeteria doors SAE - pick up will be at the main entrance doors

#### EC - pickup will be the side door, closet to the baseball fields

#### Brentwood Borough School District

the district will be providing free breakfast and lunch to any students who may be in need. Breakfast and lunch meals can be picked up in front of the Middle/High School Auditorium entrance Monday through Friday between 11:00 AM and 12:30 PM.

#### Clairton City School District

Grab & Go Lunch Information While school is closed March 16th to 27th students (K-12) may pick up a grab & go lunch in the elementary lobby from 11am through 12pm each day Monday-Friday. On Monday, March 16th lunch will be available from 10am– 12pm

#### West Jefferson Hills School District

The District is working with our food service management company to provide meals to ANY students in need of lunch. Meals will be delivered by school buses to the following distribution locations between 11:30 am - 12:30 pm each day:

- Floreffe Fire Hall
- West Elizabeth Fire Hall
- Marhoefer Drive Apartments
- Mowry Park
- 885 Fire Department
- Entrance C117 in the back of the building of the High School.

During the Coronavirus closure, the District will make lunches for any student that reserves a meal by 5:00 pm each day for the following day's lunch. To place a lunch order, families must email foodservice@wjhsd.net or call 412-655-8610 x6232 and state the name of the student(s) needing a lunch AND the distribution location for pick up.

Meals will be delivered Monday through Friday as long as the District remains closed due to the Coronavirus. Meals will be available beginning Tuesday, March 17. You will need to provide the name(s) of students when picking up the meals

#### South Park School District

Beginning on Monday, March 16, 2020 and continuing every weekday until Friday, March 27, 2020, **South Park School District students who qualify for a free or reduced-price school meal** may pick up a bagged lunch from 10 a.m. to noon. The distribution will take place at the lower concession stand of Eagle Stadium. Please enter the lower entrance to Eagle Stadium off Eagle Pride Lane on the South Park School District campus.

Students who qualify for free or reduced-price meals must be present at the distribution site.

No appointments are necessary. Families with students who qualify for free or reduced-price meals may come at any time between 10 a.m. and 12:30 p.m.

#### Bethel Park School District

Parents/Guardians who are interested in obtaining these meals for their students must call 412-854-8533 by 6 PM to place their order for pick up the following day between 11:30 AM and 1 PM. Meals will be offered Monday through Friday as long as the District remains closed due to the Coronavirus. Meals will be available beginning Monday, March 16. You will need to provide the name/names of the eligible students when picking up the meals.

#### Mt. Lebanon School District

Food Service - Daily Meals will be available starting Monday, March 16 for those students in need and can be picked up at the High School, Entrance C20 from 11:00 a.m. until 1:00 p.m.

#### South Fayette School District

South Fayette Food Service Department will be providing meals (curb side) to students of families that qualified for the School Breakfast Program and/or National Lunch Program. This service will start Monday, March 16th and continue each week day through March 27th 2020. Parents may drive around the back area of the high school to pick up their meal. The meals will

be distributed curb side. No appointments necessary. Times for meal service pick up is from 9:00AM until 11:00AM, Monday through Friday.

#### Carlynton School District

A plan to provide meals for our students while school is not in session has been implemented for all students residing in the District who are 18 years of age and under. Meal distribution will begin Tuesday, March 17, 2020, from 10 am to 11 pm at Carnegie Elementary School, Carnegie Borough Building, and Crafton Elementary School.

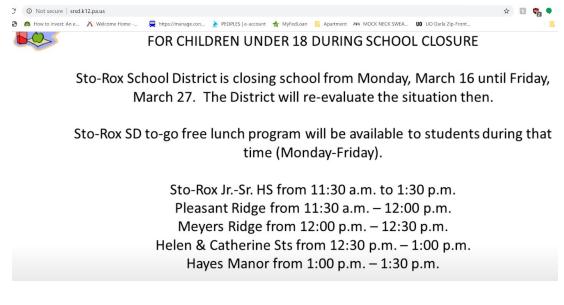
#### Cornell School District

The Cornell School District will continue preparing and offering breakfast and lunch for our students during the closure. Breakfast will be available starting Tuesday, March 17, from 8:00 am to 9:00 am, and lunch will be available starting Monday, March 16, from 11:00 am to 12:00 pm. These meals will be a "Grab and Go" style, and will happen daily throughout the closure, except weekends. The following local pick-up sites have been arranged: • Neville Island - Cottage Park Pavilion • Coraopolis - 5th Avenue Gazebo (parking lot) • Cornell School District - Cafeteria (must enter through the cafeteria entrance, where students enter in the morning) All families are encouraged to contact Mrs. Carla Antoniades, Director of Pupil Services, for further information or for additional assistance if needed: cantoniades@cornellsd.org or 412-264-5010 ext. 113.

#### Montour School District

All meals will be distributed as "grab & go" at the following locations and times, (no appointment needed)... Kennedy – Fairhaven Basketball Courts: 10:00-10:30a.m. Ingram – Borough Building: 10:45-11:15a.m. Groveton – The Groveton Rec Center: 11:45-12:15p.m

#### Sto-Rox School District



#### West Allegheny School District

Lunch and breakfast meals will be provided at no charge to students of families that qualify in grab and go style at three district locations. Meal service will begin **Tuesday, March 17 and will continue each day through Friday, March 27 between 10:00 a.m. and 12:00 p.m.** at the following locations:

West Allegheny High School pick-up at exterior cafeteria doors (10:00 a.m. - 12:00 p.m.)

Wilson Elementary School pick-up at exterior cafeteria doors (10:00 a.m. - 12:00 p.m.)

McKee Elementary School pick-up at exterior cafeteria doors (10:00 a.m. - 12:00 p.m.)

West Mifflin School District

Monday through Friday, 11:00-1:00. Available at any of our schools including Emerson, Mon View and Duquesne Elementary.

#### Wilkinsburg School District



#### Woodland Hills School District

Students may receive GRAB and GO Breakfast and Lunch Monday through Friday from 11:00 AM to 1:00 PM at the following locations:

- As of 3/23/2020 the State of Pennsylvania requires that students need to be present to receive the meal(s).
- District Administration Building located at 531 Jones Ave North Braddock PA 15104

Meals will be distributed to students at the side entrance located next to the parking lot.

• Rankin School located at 235 Fourth Ave Rankin PA 15104

Meals will be distributed at the front entrance of the building.

 Woodland Hills Intermediate School located at 7600 Evans Ave Swissvale PA 15218

Meals will be distributed to students from door #2 located to the right of the entrance ramp to the school.

• Turtle Creek El Steam Academy located at 126 Monroeville Ave Turtle Creek PA 15145

Meals will be distributed to students from door #2 located at the driveway to the right of the front entrance to the school where parents presently pick up and drop off their students.

- Students may receive meals at the location that is most convenient to their home.
- Students will receive one lunch and one breakfast at the same time.
- Students will receive additional meals for the weekend on Fridays.
- The meals are intended to be GRAB and GO. The facilities will not be open to use as a place to eat the meals.
- As of 3/23/2020 the State of Pennsylvania stipulates that students need to be present to receive the meal(s). If this changes we will update ASAP.

Propel Braddock Hills Elementary School 10:00 AM to Noon Mondays and Thursdays. Breakfast and Lunch Three days at a time.

# Restaurants Offering Meals in Greater Pittsburgh Area:

This list of locations offering free lunches will be updated. Source:  $\underline{\text{Trib article}}$ 

• Big Black Grill: 103 E. Byers Ave., New Stanton. Pulled pork or pulled chicken sandwich or hot dog and one side. Details on their Facebook page.

• Inferno Pizza, Pasta & Wings Restaurant: 13380 Route 30, North Huntingdon. Monday-Friday, 11 a.m.-2 p.m., pizza and drink for dine-in or take-out. Norwin students only. Details on Inferno's Facebook page.

• Irwin Dairy Queen: 7578 Route 30, Hempfield. Monday-Friday, 11:30 a.m.-2:30 p.m. Any kid's meal with a drink. This location only for local students. Details on Irwin Dairy Queen's Facebook page.

• Hunker Fox's Pizza Den: 1669 New Stanton Ruffsdale Road. Starting Monday, free pizza slices and water at the restaurant or \$4.99 delivery of "kids school lunch deal" that must be ordered a day in advance. The deal is available 11 a.m.-2 p.m. for a small cheese pizza and drink.

• JTown Kitchen: 109 S. Second St., Jeannette. Monday-Friday 11 a.m.-1 p.m.

• Lelulo's Pizzeria: 311 Unity Trestle Road, Plum. Tuesday-Friday, pizza, salad, 6-inch sub chicken tenders and fries. Details on Lelulo's Facebook page.

• Loucks Park: North Chestnut Street, Scottdale. Monday, 11-noon, JJ's Pizza, hot dogs, snacks, drinks.

• Mad Pies: 811 Water St., Scottdale. Tuesday-Friday starting at 11 a.m. Students must have an ID or be accompanied by a caregiver. Pizza, chicken tenders, peanut butter and jelly, macaroni and cheese. Details on Mad Pie's Facebook page.

• Rocco's Pizzeria: 112 S. Third St., Youngwood. Monday-Friday, 11 a.m.-3 p.m. Slice of pizza, tossed salad, chicken tenders and fries. Details on Rocco's Facebook page.

• Tapped Brick Oven & Pour House: 6044 Lincoln Highway, Hempfield. Monday-Friday, 11:30 a.m.-1:30 p.m. while school is shut down. Chicken tenders and fries, kid's pizza and kid's spaghetti. Details on Tapped's Facebook page.

• United Presbyterian Church in New Kensington: 601 Fifth Ave., starting Monday, 9-10 a.m. and noon-1 p.m. Grade school and college students can ring a doorbell at the entrance marked No. 3 to pick up a bag of food. No sign-ups required.

# Family Activities and At-Home Educational Resources

Activities for Families: In Your Own Backyard Activities for Families: Around Your Home Virtual Tours - Gardens Virtual Tours - Museums Phipps Education and Research Facebook Page Phipps Science Education Blog Virtual Assemble Workshops Venture Outdoors Virtual Outdoor Experiences Strong Women Strong Girls Virtual Curriculum Boy Scouts "Scouting From Home" YouTube Channel

# Health and Wellness Resources

Free exercise videos: <u>https://ymca360.org/</u> Gardening resources: Plant Finder <u>Phipps Homegrown Page: Home Gardening Resource</u>

# Other Important Resources

# Allegheny County Alert List

Sign up for alerts directly from Allegheny County at this link: <u>https://member.everbridge.net/453003085611110/login</u>

# **Diaper Bank Information**

### Internet Essentials - Comcast

- Free internet for 2 months for low-income families

**EveryoneON** 

- EveryoneOn is a nonprofit dedicated to creating social and economic opportunity by connecting low-income families to affordable internet service and computers, and delivering digital skills trainings.

Talking to Children About Coronavirus - National Association of School Psychologists

From Allegheny County District Attorney:

If the corona virus has forced you to self-isolate or self-quarantine in your home and you feel you may be in an unsafe situation for you and your children, help is available:

# Women's Center & Shelter of Greater Pittsburgh

24 Hour Hotline: (877) 338-8255 www.wcspittsburgh.org Crisis Center North 24 Hour CCN Hotline: (412) 364-5556 | 24 Hour Toll Free Hotline: (866) 782-0911 www.crisiscenternorth.org Alle-Kiski Area Hope Center- Tarentum 24 Hour Hotline: (724) 224-1266 | 24 Hour Toll Free Hotline: (888) 299-4673 www.akhopecenter.org Center for Victims 24 Hour Toll Free Hotline: (866) 644-2882 https://www.centerforvictims.org/services/victim-services/

# **Online AA Meetings**

### Housing Stabilization Fund- URA/Urban League

Purpose is to provide rental, mortgage, and utility assistance to workers affected by the outbreak because their hours were cut/or not able to work. Call **(412) 227-4163** for more information

#### United Way/211

United Way's PA 2-1-1 Southwest is ready to help people facing difficulties. Our resource navigators can help connect individuals and families with food pantries, health care services, tax prep assistance, utility and eviction prevention assistance and more. **Those seeking help should dial 2-1-1, texting their zip code to 898-211, or visit PA211sw.org.** United Way's PA 2-1-1 Southwest is a trusted source for reliable information. **To receive text messages with the most up-to-date information and resources, sign up at pa211sw.org/text-alerts.** 

# Bigburgh

BigBurgh offers a free, easy-to-use way to find information on more than 170 no-cost services throughout Pittsburgh, including clinics, shelters, food pantries and more.