



Greening Early Childcare Facilities

- Pound for pound children breathe more air than adults. They're rapidly growing bodies are especially vulnerable to environmental exposures.
- There are many potential environmental hazards in early childhood learning centers that can impact a child's ability to learn, play and grow.
- Exposures can include: art and science supplies, toys, playground

equipment, cleaning products, building materials, pesticides, furniture and carpet, just to name a few.

- With training and resources, each of these can be reduced to create a healthier environment for children and staff.
- Our goal is to provide recommendations for solutions, policies and practices that will immediately benefit the health and well-being of children and staff in the center.

What You Can Do:

- Learn about environmental exposures and adopt the Eco-Healthy Childcare Checklist® (contact us for technical assistance).
- With our assistance, staff can work together to create a multi-pronged approach to address potential exposures such as cleaning products, school supplies, mold, pesticides, and dust which can lead to poor air quality.
- Start a "green team" or "wellness committee" at your center to improve the overall health and well-being of children and staff.
- **Request Healthy Schools PA to visit your center for a free assessment or workshop, which can be delivered to staff and/or parents.**

For Your Information:

The Children's Environmental Health Network's award-winning Eco-Healthy Childcare Checklist® offers easy-to-follow steps that will immediately benefit the health and well-being of the children in your care.

Visit www.cehn.org/ehcc for tips and tools!

**CONTACT US TO HELP YOU
CREATE A HEALTHIER CENTER
TODAY!**

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