



## Asthma and an Unhealthy Home

Unmonitored or uncontrolled asthma can lead to premature death in children. Asthma triggers in the home can include mold, moisture, poor ventilation, poor temperature control, pests, and dust. WHE is targeting in-home asthma triggers to increase controlled asthma for children in Allegheny County. WHE will assess and test homes for these triggers. Then, WHE will make changes to homes through contractor services.



### CONTACT US

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**HEALTHY HOMES  
ASTHMA PROGRAM**



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# Do I Qualify for the Program?

1. Are you a renter or homeowner in Allegheny County?
2. Does a child (under 18) with an asthma diagnosis live in your home?
3. Does your household's annual income (pre-tax) fall within these limits?

# of people in household	Maximum Income
1	\$56,250
2	\$64,250
3	\$72,300
4	<b>\$80,300</b>
5	\$86,750
6	\$93,150
7	\$99,600
8	106,000

If the answer to all of these questions is yes, see the contact page to get in touch with us!

**Please scan this QR code to get to our webpage!**



# What Services Will I Receive?

Anyone that wants to participate in the program can fill out our interest form. Staff will confirm eligibility and reach out to discuss the program. If eligible, the household will fill out an application to enroll in the program. A community health worker (CHW) will complete a healthy home assessment. Their goal is to identify conditions in the home that the program should address, to reduce asthma triggers.

## Some recommendations may include:

- Roof repairs
- Window and insulation repair
- Carpet removal
- Heating and cooling system repair
- Radon testing and remediation
- Mold identification and removal
- Sealing holes in walls
- Painting

Qualified contractors will complete the necessary work for each home. WHE will complete an inspection before and after the work to make sure the homes are safe. Please remember that the goal is to create a healthier home for your child. This work will reduce their exposure to allergens and irritants that trigger their asthma. This will help decrease emergency visits and asthma attacks by increasing their asthma control.

# What is a Healthy Home?

## A healthy home is ...

- **Dry** - Remove standing water, repair leaks, and have appropriate drainage. This helps prevent mold and pests.
- **Clean** - Reduce clutter, wash surfaces with soap and water, and use non-toxic chemicals as needed.
- **Well-Ventilated** - Have fresh air circulating the entire area with appropriate vents and exhausts.
- **Pest-Free** - Use cleaning, traps, and other strategies to reduce and eliminate the presence of pests and droppings that cause allergies and illness.
- **Contaminant Free** - Have routine testing for contaminants (radon, carbon monoxide) and keep detectors powered on. If you live in a home built before 1978, have it checked for lead paint.
- **Safe** - Label and store chemicals away from children, declutter the home for safe entries and exits, and routinely check for unsafe situations, such as slippery areas or sharp surfaces.
- **Well-maintained** - Keep up with home repairs and cleaning. This will help keep all other characteristics of a healthy home in check!