





## Asthma and an unhealthy home

Unmonitored or uncontrolled asthma can be fatal for children. Asthma triggers in the home include mold, moisture, poor ventilation, poor temperature control, pests, and dust. WHE targets in-home asthma triggers to improve asthma control for children in Allegheny County.

### What is a healthy home?

**DRY**: Remove standing water, repair leaks and have appropriate drainage. This helps prevent mold and pests.

**CLEAN**: Reduce clutter, wash surfaces with soap and water, and use non-toxic chemicals as needed.

**WELL-VENTILATED**: Have fresh air circulating the entire area with appropriate vents and exhausts.

**PEST-FREE**: Use cleaning, traps and other strategies to reduce and eliminate the presence of pests and droppings that cause allergies and illness.

**CONTAMINANT FREE**: Have routine testing for contaminants (radon, carbon monoxide) and keep detectors powered on. If you live in a home built before 1978, have it checked for lead paint. Label and store chemicals away from children, declutter the home for safe entries and exits and routinely check for unsafe situations, such as slippery areas or sharp surfaces.

**WELL-MAINTAINED**: Keep up with home repairs and cleaning. This will help keep all other characteristics of a healthy home in check.

#### What services will I receive?

Recommendations may include:

- Repairing windows, downspouts, and roof leaks
- Installing bathroom exhaust fans
- Installing basement dehumidifiers
- Installing kitchen exhausts and/or replacing gas ranges
- Removing carpeting and replacing with hard flooring
- Sealing holes in walls to eliminate pests
- Lead paint hazard and radon reduction

Qualified contractors will complete the necessary work for each home. WHE will complete an inspection after to make sure all the work was completed correctly. Please note that the goal is to create a healthier home for your child.

This work will reduce their exposure to allergens and irritants that trigger their asthma. The program aims to decrease emergency visits and asthma attacks by increasing children's asthma control at home.

## Do I qualify?

- Are you a renter or homeowner in Allegheny County?
- Is there someone with asthma living in your home?
- Does your household's annual income (pre-tax) fall within these limits?
- Are there children living in the home?

Get in touch either by phone or email to learn more about the program.

# of People in Household	Maximum Income
1	\$56,700
2	\$64,800
3	\$72,900
4	\$80,950
5	\$87,450
6	\$93,950
7	\$100,400
8	\$106,900

# Reduce asthma triggers in your home. Apply for our free program today!



Contact us:

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