



## Tools & Tips For a Healthier Home

Reduce harsh chemicals with safer, non-toxic cleaning methods.



### Green Cleaning Kit

(Vinegar, baking soda, spray bottle, microfiber cloth, bucket)

Clean with non-toxic vinegar, baking soda, and microfiber cloths.

- **All-Purpose Spray:** 1 part vinegar + 1 part water. Avoid natural stone.
- **Scrub Cleaner:** Sprinkle baking soda on surfaces.
- **Maintenance:** Wash cloths in warm water without softener. Air dry.

**Tip:** Never mix vinegar and baking soda in the same bottle. They neutralize each other and lose cleaning power.



### Dehumidifier

Reduces moisture to prevent mold.

- **Use:** Place in damp areas with at least 12 inches of clearance.
- **Care:** Empty tank daily or attach a hose; clean weekly.
- **Tip:** Keep humidity between 30–50% for comfort and health.



### Air Cleaner & Filter

Reduces dust, smoke, and allergens.

- **Use:** Place in main living areas with space around it. Run continuously on low or medium.
- **Care:** Clean or replace filters every 3–6 months.
- **Tip:** Keep windows closed for best results.



### HEPA Vacuum

Removes fine dust, allergens, and lead particles more effectively than regular vacuums.

- **Use:** Vacuum carpets, floors, and upholstered furniture weekly or as needed.
- **Maintenance:** Empty the canister or bag after each use. Clean or replace filters as directed by the manufacturer.
- **Tip:** Choose a vacuum labeled “HEPA certified” for the best air quality results.



### Water Pitcher & Filter

Reduces lead and other contaminants.

- **Use:** Fill and store in fridge or on counter. Use filtered water for drinking and cooking.
- **Care:** Replace filters every 3 months or when the indicator shows.
- **Tip:** Let tap water run briefly before filling.

**Tip:** Follow equipment manufacturer's instructions for use and cleaning.